

FRESH HAPPY TASTY COXWELL JANE

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In Fresh Happy Tasty, Diane von Furstenberg's personal chef, Jane Coxwell, shares 100 healthy, delicious, and unpretentious recipes from her travels around the world on the Eos yacht. Filled with delicious, thoughtful favorites, Fresh Happy Tasty, proves that simple, fresh ingredients are all you need to prepare scrumptious, healthy meals.

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Into this cold and dreary weather a small ray of sunshine has pushed its way through in the form of "fresh happy tasty," a cookbook by Jane Coxwell. Jane Coxwell has spent a number of years as the personal chef to designer Diane von Furstenberg aboard her yacht, EOS. Her travels have taken from the Mediterranean to Southeast Asia, from Latin America to New Zealand, and beyond, and her first cookbook reflects the fresh, vibrant flavors of these sun soaked destinations.

[fresh happy tasty by jane coxwell john bedell diane von furstenberg](#)

Fresh Happy Tasty offers 100 of Jane's favorite light and luscious recipes, including: Bright Green Pea Salad with Lemon and Mint Herb, Lemon, and Caper Stuffed Trout Honey Poached Pineapple Cape Malay Lamb Curry Brussels Sprouts and Oyster Mushrooms with Pine Nuts Israeli Couscous with Shrimp and Zucchini Lobster Quinoa Middle Eastern Watermelon Salad

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Full of light, lively flavors, the freshest ingredients, and a down-to-earth attitude, and illustrated with dozens of lushly intimate photographs from Jane's travels, Fresh Happy Tasty is the perfect way to share fabulous food and good times. Jane's low-key approach applies to both her cooking and everyday life.

[fresh happy tasty jane coxwell 9780062125408](#)

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Fresh Happy Tasty : An Adventure in 100 Recipes by Jane Coxwell Fresh Happy Tasty | Travel the world with 100 healthy, delicious, and simple recipes in this beautiful, evocative cookbook. As a personal chef to Diane von Furstenberg aboard the designer's spectacular sailing yacht, Eos, Jane Coxwell has traveled to the far corners of the globe.

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Fresh Happy Tasty by Jane Coxwell | Kitchn Picture this: traveling around the world via yacht, shopping in local markets wherever you dock, and cooking delicious meals inspired by your travels back at sea.

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